



Memo to Mighty Members Tip #178

DISCUSSION: What I Wish ...

October 26, 2023

It's been several months since I last listed items that I wish I had known earlier in my life. If you missed those previous installments, use the new search tool on your [Mighty Members' portal page](#) to find Memos to Mighty Members numbers 144, 153 and 158.

However, like almost every person with gray hair, I've got quite a few more to add to the list. Indeed, as Helen Keller once said, "Life is a succession of lessons which must be lived to be understood."

So, I wouldn't necessarily label these as regrets, per se. Instead, these are well-learned lessons that came from living a productive life. I share them to allow you to benefit from my trips around the sun and perhaps provide you with a shortcut to these epiphanies.

I'd like to look at some things I wish I had known about homeopathy. So, let's start our list right where we left off, shall we?



26) I wish I had not bought into the concept that using a homeopathic dose *only once* is the best method to address a chronic condition. When employing this method, I observed that an aggravation would often occur in my clients, my family and myself. This observation hindered me from moving forward and employing homeopathy earlier.

27) I wish I had known that frequency matters and that this is one of the reasons that protocols are successful.

28) I wish I had known that potency matters. (See Reason 27. It applies here in the same fashion.)

29) I wish I had figured out that homeopathy is often so simple that it could be taught to a monkey. Our beloved little Buster, the Bad Office Dog, knew. (Okay, I'm being a little facetious, but he 100% *knew* when it was time to get his next dose!) I think a study should be done (perhaps, it has already been done) to see if animals could be taught to go to the remedy they need. I believe we could teach animals to choose a remedy (for instance, *Arnica*, when they've had a head injury) and when to take it.

30) I wish I had realized the job of taking care of my family is MY job and *my* job alone. I figured this out pretty early but not early enough.

31) I wish I had realized that I know more about my family's health than most M.D.s — maybe all.

32) I wish I had known that most health conditions are iatrogenic, meaning disease caused by drugs or modern medical methods. It would have helped me be able to pinpoint what needed to be halted. But perhaps, more importantly, it would have kept me from erroneously thinking that sufferings are usually random.

33) I wish I had known to study the "[Organon of Medicine](#)" by Dr. Samuel Hahnemann more deeply earlier in my studies.

34) I wish I had taken anatomy, physiology and pathology in college.

35) I actually wish I had gone to medical school. A good one.

36) I wish I had recognized my mother's dementia earlier — and then treated it earlier.

37) I wish I hadn't gone down the rabbit holes of LM potencies, single dose 10 Ms for constitutionals, etc. At this writing, I'm 71, and I've spent 36 years studying homeopathy. But I've also been studying nutrition, botanicals, supplements, etc., for over *forty* years. So, I've seen, investigated and even *used* many of the alternatives ... many magpie methods. Sometimes, one might think there's another way. But I've been there and don't believe that! So, I'm not trying to hide anything from you by not discussing LMs, constitutionals, super-high potencies, Radionics, single-dose prescriptions, etc. It would set you back and distract you from the important information I share with you.

Indeed, instead of getting my 42-year-old brain that was still searching, you're getting my 71-year-old brain that has learned through experience what is useful and what isn't. Isn't that better?

In the final installation of "What I Wish," I'll share a few more admissions about what I wish I had known about family. So, stay tuned, my Mighties. But next week, we'll visit a success story that will warm your heart (and teach you how to use homeopathy anywhere).



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Links:*

Mighty Members' page — <https://joettesmightymembers.com/>

"Organon of Medicine" — <https://www.amazon.com/Organon-Medicine-Samuel-Hahnemann/dp/0963631209/>

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Other Mighties may have the same question, and by utilizing the forum, my team members can provide the answer to everyone. Plus, you might benefit from the conversation your question sparks!

If you have any tips to share, please send them to my team member tracey@practicalhomeopathy.com. She will compile them for me, and you might see your advice shared with our group — with proper credit given, of course! However, please send tips and suggestions only; we cannot answer questions at this email address.

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