



## **Memo to Mighty Members Tip #209**

### **DISCUSSION: Passing on the Good News of Homeopathy**

**May 30, 2024**

You've often seen my closing line on blog posts, "Pass on the good news of homeopathy!"

But how do I suggest you do that? Why, in any and all ways possible.

Many new users come to homeopathy after hearing a dramatic success story from a friend. Maybe their child's otitis media melted away, or their husband's knee pain resolved. Perhaps their mother's food intolerances were uprooted, or their family's sick cat didn't have to be put down.

Whatever the story, the impact is clear. Homeopathy acted inexpensively, politely and effectively. While our incredible success stories may have become commonplace to us, they are eyebrow-raising to the uninitiated. So, sharing those stories is certainly one way to pass on the good news.

But I came up with a humorous way to insinuate homeopathy into the subconscious of my extended family and close friends. When they come to visit my husband and me, guests in my home are greeted by my newly embroidered “homeopathy towels.”



I had four towels embroidered with the main homeopathy remedies for Florida’s most common ailment ... sunburn. It seems everyone who comes to visit us gets one. So, there’s no better way to remind them of the efficacy of homeopathy than to have the medicine names right there on the towel as they step out of the shower with their pink skin still steaming. They each can choose the towel with the remedy most likely to aid their kind of burn.

For Florida summers, I chose *Sol*, *Belladonna*, *Urtica urens* and *Cantharis*.

I’ve covered several of these medicines in more detail in previous blog posts ( see [Sunburn and Dehydration? Homeopathy Offers the Cure](#) and [Independence Day and the Summer Sun](#)).

*Sol* is a fabulous overall homeopathic medicine for sun exposure. It can also be used prophylactically for super-sun-sensitive people — one dose before going out — to prepare their bodies to cope.

*Cantharis* is for good old-fashioned sunburns with burning pain.

*Belladonna*, on the other hand, is for severe sunburn, which causes the skin to be hot, painful, swollen, red and even shiny. There may even be an associated fever.

And *Urtica urens* is for those bubbly rashes some folks get after sun exposure.

Naturally, I also provide the medicines right there on the bathroom counter adjacent to the towels.



Guests who are familiar with homeopathy can quickly utilize the necessary medicine. Guests who are new to this lifestyle use them as a jumping-off point for fun and educational conversations. And you know I love talking about homeopathy.

Win-win!

This idea can be customized for any environment. In a lakeside cottage, one could include medicines for conditions resulting from more athletic pursuits, such as biking, swimming or hiking. A ski cabin might inspire medicines for sore muscles, joint injuries or oxygen hunger (at altitude).

We could go wild with the possibilities, couldn't we?

It may be sneaky, but this is even a good idea for getting kids to learn the most essential medicines. A little reminder of *Arnica* or *Aconite* as they dry off after their evening bath can help keep homeopathy uppermost in their minds. (Shhhhh ... don't tell.)

What methods do you use to pass on the good news of homeopathy? Let's share a few between us, shall we?

And don't forget to check out this week's Mighty Musing, as Dr. James Compton Burnett continues with his "Fifty Reasons for Being a Homeopath." This time, he discusses a case of neuralgia.

Stay Mighty!



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Links:\*

Sunburn and Dehydration? Homeopathy Offers the Cure —

<https://joettecalabrese.com/blog/sunburn-dehydration-homeopathy-offers-cure/>

Independence Day and the Summer Sun — <https://joettecalabrese.com/blog/independence-day-the-summer-sun/>

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**If you have questions regarding this Memo to Mighty Members, please post them in the [Mighty Members' Discussion Group](#) in Joette's Social Center rather than contacting my office.**

**Other Mighties may have the same question, and by utilizing the forum, my team members can provide the answer to everyone. Plus, you might benefit from the conversation your question sparks!**

If you have any tips to share, please send them to my team member [tracey@practicalhomeopathy.com](mailto:tracey@practicalhomeopathy.com). She will compile them for me, and you might see your advice shared with our group — with proper credit given, of course! However, please send tips and suggestions only; we cannot answer questions at this email address.

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