Hello, my friends. Hi Tara from Australia and Angela

from Oklahoma. Hi everyone. It's great to see you all. I love to see you all joining in. Howdy Teach says Neely. Hi Neely, April from Kentucky and Jody from Central New York and hi everyone from Florida. Hi Donna. Carrie in Texas and Becky from Eastern North Carolina and Wisconsin and Michigan and usually, okay, let's see what else we got. Hello from Maine says Nina and Robin from Missouri and Pat from Grand Rapids. Hello everyone. Nice to see you all here, my friends. I love to see you. My name is Joette Calabrese and I do this every Monday night, right? Whether we need to or not, we go over homeopathy, teach you what I know and for those of you who already know me, my friends, it's great to see you. Same friends around. I see. Hi Susan. Thank you Susan from New Jersey. Alice is rainy Toronto.

Yeah, it's raining isn't it? Yep, it's raining around where I am too. Great. Hi Bernie from New York and hi everyone from Australia says Monica. Good evening from California. Okay friends, listen tonight we're going to talk about infections. Again, this is the third week in a row and we could do a lot on infections. It's such an enormous body of information and so the first thing I ask you to do is to please like and share air and send this around so that others get the use of this information. Remember this is obviously it's free tonight. I'm going to go to my Mighty's for a little while after we meet on Facebook, et cetera tonight in the live area and then we're going to go right to my mighty and then I'm going to my one step further. We're going to go to Mighty Plus. And so then I'll say goodbye to everyone except those who are in Mighty Plus and then I'll click out and go back, come back in again, Mighty's Plus on a different link so we could talk forever about infections because there's so many different kinds.

And so I am in touch with Joe Delora, otherwise known as Joe Path, and he just wrote to me yesterday morning and if you don't know who he is, I urge you to find out who he is. He is an elderly gentleman now 95 years old using homeopathy exclusively lives in Sri Lanka, was a very successful businessman for many, many years. He has a tight family around him for which I'm grateful because it's good to know that he's comfortable and set and he's got a good family all the way around him and he's been using homeopathy and treating people homeopathically for decades for free online and before there was an online, he's been treating people for free. It is his passion and he has lots of experience. So he apparently saw my, maybe it was a blog, I don't know, maybe it was a couple of weeks ago. I talked about for a colder flu I like to use, I like cold calm from Boiron. It's the combination medicine.

It's a great medicine. You should have it on hand. Aconitum 200 with Bryonia 30, which is a banerjee protocol. I like that medicine as well. But he reminded me you should be talking about Eupatorium and in his special method. So I'm going to show you something. I'm going to show you in Robin Murphy's meta repertory, what this looks like when we look at just influenza. And so I hope you can see this well. And so what I've done is I've made an arrow to show you where you're going to be looking and so here this is all influenza, these are all the remedies for influenza right here and right here I believe I'm looking at this backwards and on a screen, it's underlined, it's bold and underlined right there, Eupatorium, E-U-P-A-T-O-R-I-U-M, Eupatorium. That is his favorite for colds and flus and I agree with him because here it is, is evidenced in this segment from the repertory under clinical influenza.

Now, given that I agree with him, why would I tell you to use Aconitum and Bryonia or why would I encourage you to own Coldcalm? Why would I do that if I also agree that Eupatorium is a good medicine for influenza? Well, I'll tell you my friends, because as I showed you here under influenza, there are many, many, many, many medicines under the category, the rubric as we call them for influenza. And so I like having more than one medicine from which to choose. That is the beauty of homeopathy. If a protocol doesn't act, then we go to perhaps another protocol. If that still doesn't act, then we go to another medicine and we go into a repertory and we start digging about, and that's of course what I teach in my more advanced classes that we start with a protocol if at all possible because it makes it so easy and fast and it's been shown to be reproducible.

We can get it generally 80 to 85% of the time the protocol is correct. As long as we choose the condition correctly, we have to know what the condition is and then we also want to consider the symptoms. So I like Eupatorium perfoliatum and perfoliatum, excuse me. The way that Joe Pathy uses it is that he likes to use it in a water dose. What he means is you get an ounce of water, good water, pure water, it doesn't have to be distilled, but the kind of water that you would be comfortable drinking. So if you have a system in your home and you can drink the water from your faucet, that's great. If not, then you have to buy spring water or collect spring water for your drinking. Then that's the water you're going to use for this medicine and into about an ounce of water a little bit like that.

You put in a dose of Eupatorium. Now what's a dose? Well, it depends on what pharmacy, the manufacturing pharmacy you purchase this from. If it's Boiron, it's usually five pills. If it's OHM, it's usually about four or five pills. So it depends on the pharmacy from which you buy it because it tells you on the outside of the bottle how many pills comprise a dose. So you get that dose, put it into about an ounce of water and let it dissolve, wait for it to dissolve. Some of the pills if there sac lack will take a little bit longer to dissolve and others that are just lactose will dissolve pretty quickly matters, not you wait for it to dissolve and then you administer, you stir it and then you administer one teaspoon as a dose. Now he likes to use Eupatorium 1M, so that's a high potency. He's had very good results with that in Sri Lanka and other places all around the world. So I don't question him because he has so many years of treating people all over the world. If you don't have a 1M, I personally, I would be perfectly happy using a 200. Now he's also talked about using Eupatorium as a prophylactic so that when someone is prone to influenza or colds, then you can use that in advance. Now here's the thing, it's not something we use.

Eupatorium 1M is a high potency, so we use it even though he may use it prophylactically. I'm going to say for those of you who are rather new to homeopathy, I'm going to urge you to use it when someone is not feeling well when you're pretty sure that it is the flu. Yes, Jennifer says in New York, Dr. Joe loves Eupatorium 200C one times a day for prophylactic and 1M if you come down with it, yes, you're absolutely right. He does like to use it in a 200 as a prophylactic and we're not going to be using a lot of it. We're not going to be using it. I mean by that is we're not going to be using it that frequently. Perhaps one dose a day or so.

I see says Robin, there we go. Yeah, it does help to have the arrow, doesn't it? It really makes a difference and I'll be using it more often. I just did that last night and I thought this is going to make things so much easier. Alrighty, so let's say you use that Eupatorium as a prophylactic. Let's say you use the 200, okay? And then you find that in spite of that you still get sick. Then would you still use Eupatorium in 1M for as the sickness is progressing, is developing? I would, yes, I would. And then how often might we use it that teaspoon take that teaspoon from that mixture? Well, I would say a couple times a day is probably a good idea now, yes, his last name is Develara, but he's known online as Joe Pathy.

He's become a good friend and so much Joe is so no nonsense. I enjoy reading what he has to say. You're right Dolly. What's lovely about Joe Pathy is that if someone says, oh, I decided not to take the remedy and instead I took a drug, he scolds them, look, don't waste my time, then what are you doing here? If you're going to take a drug and you're not going to listen to me, why are you even here? He has said things like that and I think it's he's in line. He's in line to say that. Or someone might say, I didn't do it as often as you said, and so it didn't really work. And he says, well then following, why are you even contacting me? He's got a lot of people who follow him. So that's one of the things that I hold why I hold him in such high regard is because he doesn't take nonsense. Alright, let's see what else we've got here. So yeah, the page I'm on is page 2306 under influenza in the clinical section. Now I also wanted to talk about something different than influenza, even though this is the season.

I want to talk about other kinds of infections like on the skin. How about an infection that develops around the fingernail? Somebody just asked me about that the other day when I was a little girl. I used to have them all the time probably because I bit my nails or I was susceptible. I don't think it was the biting of the nails that did it. I think it was just that I was susceptible at the time. I certainly had my share of antibiotics around that time. And so what normally happens is the person goes to the doctor, it's lad, it's drained, and then the next one shows up months later or maybe a year later. But we don't like that method because the method that we like for infections around the fingernails, which are called whitlow, whitlow, whitlow, is that correct? Whitlow. I believe whitlow whitlow is an infection that does indeed occur around the fingernail.

I prefer to use a homeopathic medicine for that kind of infection because it can put an end to it. I mean it actually, it puts a completion to it. Not only does it take away the pain and the swelling and the infection itself at that moment in time as an acute, but if there's a propensity for them returning and often people who get one or two are going to get many more, especially if they've been to the doctor and gotten antibiotics because antibiotics simply suppress the condition and drive it to a deeper state so that at some point it's likely to come back Again, it uproot it, it dislodges the propensity so that if the person gets another whitlow around the fingernail, then the next time it's a smaller version and then you know exactly what to do. By smaller version, I mean it might be not as swollen, not as painful, not as proud looking, and then we can go to Hepar sulph 30 again and how do we use that?

It's Hepar sulph 30 twice a day in the very beginning. If it's really bad the first day we might use it every three hours for a while on that day and then from that time forward it's twice a day until it's gone and that's often the end of it. But as I said, if this person was prone to it and it returns in a few months, we can go right back to Hepar sulph again as it's needed because it's being used as an acute. Now let me also say that Hepar sulph, it's Hepar sulph calcareum is the full name of the medicine Hepar sulphuris calcareum, but we call it Hepar sulph for short, just two of the words. Thank you. I think that must be Nathalie putting this in the text. It is also a great medicine for other kinds of infections that are proud, that are painful, that show pus, et cetera. I'd like to know what, tell me what you think.

Oh, Susie B says Interesting. Tell me why you think this Hepar sulph will be useful. I like to alternate with Belladonna says Susie B. Yes, if the whitlow is very, very, very painful or if it's hot and red, then you could alternate it with Belladonna as well for toenails too. That's right, absolutely right. Let's see, what would you before dead will work, okay, I'm not going to talk about that right now. Would he be good for losing nails after hand, foot and mouth, an 18-year-old if there's an infection? What we're talking about are infections, so it's not for a loss of a nail, it's for an infection around a nail. Homeopathy is quite specific. My friends, not only is it symptom specific, condition specific, but even organ specific. Okay, Calendula is great for infections around toenail or fingernails as well. That's absolutely So beginning of cellulitis, you're so right Tina.

I think that's a very good one, but I like it, especially for sore throat. Yep, it's one of my favorites for sore throats. Now if it is a screaming red painful sore throat, we're going to do as, who was it who just said that that she likes to use Susie? Susie B says she likes to use Hepar sulph alternating with Belladonna for a whitlow that's likely very painful, red and sore and hot even. We can do exactly the same for when there's a throat infection, tonsils, uvula, or just in general an infection in the throat. You can use Hepar sulph 30, love it. And if the pain is quite severe or there's a very considerable fever and it's painful, now we can alternate that with Belladonna and either one of them. I would use them in a 30, both of them.

Yeah, I'll answer that in a second. Caroline, I'm glad that you mentioned that. So because we don't, and we would use that perhaps every, if it's bad enough every 15 minutes for one hour after that it's every three or four hours and we're always looking to taper off. We don't want to taper off too soon, but we also don't want to take it too frequently. So in the beginning we start out by loading up the first hour four times in that hour, but if the person is much better after that, then we back off and then we watch to see when it's needed again and we're using symptoms, how painful is that Whitlow, how painful is that strep throat, how bad does the person feel? And we're looking also for indications, satellite conditions around this person's suffering, indications that show us that, excuse me, that the person is improving.

So with a sore throat, now let's say it's a person who's been on or in bed for the last day with this sore throat and after using Hepar sulph, now they're getting up and they're thinking about having maybe a cup of bone stock or a little cup of tea or something. So something's improving. There's your indicator, the pain's not quite as severe. It's still there. Still there. So when it's still there, it does not mean my friends, oh no, the medicine didn't act, not at all. Instead my friends, what it does is it helps give us information as to whether or not the person is moving in the direction of completion of the condition. Okay.

All right. Curious, why 6C for gum abscesses and not 30C or higher for Hepar sulph? Carolyn asks 6C is we do not want this medicine in 30C on the gums for a boil, a gum boil or an abscess on the gum. We always use a 6 because they have different actions and a 30 can be too hard to reabsorb the infection and a 6C can help push it slightly out. Okay, and what would you recommend to take before, after dental instead of antibiotics? I have a full hip replacement. Okay, not going to talk about that today, I'm sorry, but I do talk about that in my course antibiotic alternatives, that course, and I urge you to consider that if you're learning homeopathy, I want you to consider these courses or at least a study group Gateway to homeopathy and the best way to find out is you go to Joettes Learning Center and you can scroll down and look at the courses as well as the Gateway groups. Alright, let's see what else we've got here.

Yes, Neely says Hepar sulph is specific for dental stuff. That's true, but it's not necessarily, and it could be useful for this person, but it's not my first choice. Oh, let's see. Oh, here's, somebody's got an idea. Tina says, I took Arnica and Hypericum to prevent infection and dental work. I took a dose of Staphysagria for the bone trauma, then Hypericum and Arnica, no infection and I was great. That could also be used. It's still not what I'm thinking. Just finished antibiotic. Turn it. Of course the best says Pat. Thanks Pat for mentioning when is the boomeropathy course. I know, I know Carrie, we're working on it. I'm hoping this next couple months or so. Let's see how to choose Eupatorium versus Aconitum and Bryonia.

It's a good point knowing that Aconitum is a medicine that is used for when it's a quick onset or a cold wind blowing on the person and then they get sick. Quick onset, meaning you're driving along, the kids are in the car and you feel perfectly fine. You get to your destination five minutes later and suddenly you feel like Uhoh, I feel something coming on that quick and you feel like I really should be home. I feel as though if I don't nip this in the bud, but you are going to nip it in the bud because you're going to have your remedies with you. My friends, not only do I keep remedies in my purse, but I also have a kit under the passenger seat at all times. Even though I live a good amount of time in Florida where it's very, very hot, I don't care.

Those remedies still act even after being sat in a hot, hot car for hours, even days. So you're going to have your medicines right there with you so that you don't have to wait any longer than to get back home. So Aconitum is a quick onset, one minute you're fine, bam, the next you're feeling uhoh. I'm really coming down with something that is a key. Bryonia is very specific for the lungs, so can also be the sinuses, but especially for the lungs. So it's a specific for someone who gets, everything goes to the lungs every time they get sick, they know it's going to the lungs. That's a very good reason to consider Bryonia. Eupatorium is overall as well. It's also sinuses and infection all over the throat and down into the chest, but it doesn't have that same quick onset and also worse from a cold wind. So you've gone out of the car, it's raining or it's cold and you feel the cold wind and ever since then, uhoh, you feel something coming on that would give you an indication that Aconitum could be a very good choice.

Yeah, very good. Nancy from Delaware says, I have two kits in the current emergency kit and a cold flu virus kit. Always. Yes. So nor says, look at gunpowder and creosote for gum tooth infection. You're right. All right. Those are also very good medicines. You're absolutely right. Nora from bc Oh no, from South Carolina. All right, let's see what else we've got. What about ledum? Ledum.I'm not sure. Maybe it was for a question that was brought up earlier. A point that I was making earlier. I'd use it for a sore throat, says Deb. Yep. You're probably talking about Hepar sulph, right? Yep. Here we go. I use Hepar sulph for a bleeding eye infection in the skin under a dog's eye. Hepar sulph is excellent for eye infections, excellent conjunctivitis and other eye infections such as that. And oh, I wish I knew this 15 years ago, says Amina when I had bad nail infections and had three doses of antibiotics every time, stronger and stronger and I never healed.

I ended up learning about tea tree oil and garlic and that did it. Meanwhile, antibiotics gave me bad candida and yeast that I suffered with for two years and hoe and how do I praise homeopathy now? Thanks Joette. Yes, absolutely my friend. Many of us come from that world. First we start, we use what the doctor tells us to use. Antibiotic, antibiotic, antibiotic, steroids, steroids, birth control pills, birth control pills. And then we say, you know what? The jigs up, I figured this out. Something's wrong with this method. I don't like this model at all. And then we go to the next idea and that might be colloidal silver or changing the diet or essential oils, et cetera, et garlic. I used garlic for a long time with my first son and yes, tea tree oil, all of those are very good. But what you've done my friends, by being here tonight and following me and homeopathy in general is that you've moved to a much bigger and better model. All of those have value to a certain degree. Homeopathy trumps it all. This is the cadence we have come to the end of the road in terms of what medicine is capable of doing. And these are not herbs as you know. For those of you who are new, they're not botanicals, they're not supplements or vitamins. This is medicine, it's real medicine. This is the medicine you thought you were getting.

I thought I read somewhere that Hepar sulph is antidote by Belladonna, let me just tell you my friends, I have found that antidotes can be a problem, but more often they are not. We have a lot of medicines, let's say in our quiver that are mixed together and are antidotes, considered antidotes and yet they still act. So I don't worry about it if it's called for it because Hepar sulph it is clear, because it's painful and it's swollen and proud. Let's say for the whitlow and then Belladonna is hot, then I wouldn't, excuse me, it's hot and Belladonna represents the heat by all means my friends, I would still use them. Alright, yes, here we go. Hepar sulph 6 was what got my cat's eye abscess to open and drain within an hour. I used Hepar sulph on an abscess on our cat many years ago as well.

She had an abscess on her shoulder and she was getting them all the time. I mean it was constant until I said, okay, all right, I'll treat the cat, let's do it. And I gave her Hepar sulph and that was the last one. I also took HyperArs at other times during the same time. HyperArs. That's the medicine I was thinking of earlier. Replying to Alice. I was introduced to homeopathy through Anth Anthrop postop medicine 30 plus years ago. I threw away the philosophy part and stuck with the pure homeopathy. Yeah, Deb, I think you've got a point there that's really it is Anthrop Pacific medicine as a whole, another world unrelated to, well, I don't know. Is it related to homeopathy? I suppose it incorporates some homeopathy in it. Okay, what potency of Hepar sulph for dental infection. We already talked about that and abscesses got all that Hepar sulph 6. Okay, I think I've got it. So what we're going to do is I'm going to say goodbye to my Monday night Live friends on Facebook, et cetera, and we're going to go directly to just Joette's Mighty members for about 15 minutes and from there we're going to go to the next group. So I'm going to say goodbye everyone. Happy Advent.

Okay. Right, we done? Good. Let's keep going. We'll go for more questions here. Okay. Deb Crosby says, yeah, I like Wita. I wolita. I think it's a good quality company. I've been using their products on and off for years. Can we talk about seizures and dogs at some point? Well, I don't know. I don't know that I want to talk about seizures at this point, so I'm trying to think of what, first of all, lemme just tell you, it doesn't matter if it's a dog or a human and am trying to think of what course that might be in. I do teach that in the Academy, but if I can think of it'll, I'll give you some information as to where you can find more information about seizures because it's not just a seizure. There are specific protocols for a seizure, but it depends on what's happening. What caused a seizure? Was it an injury, was it a drug, et cetera. That really does, can make a big difference.

Okay. Anyone ever use energetics products? I looked that up. I saw your question. Energetics is just seems to me that they're a retailer and so I encourage people to buy directly from the manufacturing pharmacy. That's Boiron, OHM, Helios, those are the companies that I choose to go with. Doesn't mean you should not buy from a retailer who finds others products, but I like using those who manufacture themselves because I know what their source is and I actually go to those pharmacies and meet them. I meet the pharmacists and the CEOs, et cetera. All right, how to choose Eupatorium versus Gelsemium. So Gelsemium has very specific characteristic. There's great fatigue. Gelsemium has fatigue too, but Gelsemium is known for its dramatic fatigue. So that would be one of my first choices. But then another way to make a difference or to make a choice is to differentiate is to go to your materia medica and read up one and then read on the other one and then read that one and back to the first one and back and forth. That's how you learn the way to pull apart the strands and be able to figure out which makes the most sense.

Last week you'd mentioned Hippozaeninum for abscesses. I cannot find it. What best alternative for tooth abscesses and infection cannot find it? I don't know if what you mean is that you're not finding it to purchase or if you're not finding it. If you mean purchase, it's sold. I'm pretty sure from at Helios as well as probably OHM Pharma. Okay. Let's see what else. We've got lots of questions coming in, so it's flipping up and over. Okay. How to choose between flu meds, Oscillo, Eupatorium and Gelsemium. Well, I just gave you the Eupatorium and Gelsemium. Oscillo is generally good for rainy weather, like what we're having up north right now. Cold, rainy weather.

Let's see. I don't understand that question that Tom's coming in with. Ohio Zinc, Metallicum, restless leg syndrome. Okay, I think you're helping each other. What about sick stopper from Newton Homeopathic? I likeNewton. It's blasphemous for me to say that for those who are classical, and I used to be classical as you know, for the first 15 years of my practice, I practiced full-time classical and then I started to wise up and I like Newton. I like Newton homeopathics. Yes, you don't learn homeopathy in the same way. What you're learning is to use a specific combination medicine for a specific condition. But what I urge you to do, if you use Newton Pharmacy, then I urge you to turn it over and look at the medicines that are in there and read up on them so you know what medicines were considered for that specific condition.

Also, how to prepare for oral surgery due to abscess on tooth roots. I have a blog on that. Joette Calabrese surgery. Anytime you have a concern like that, my friends, I urge you to use my name Joette Calabrese You come right up with the blog or with articles that I've published in the past and you'll find exactly the protocol. Yes, I can't find a purchase. I looked on OHM, did not have it. Yeah, then I would go to Helios in England. Oh, here we go. OHM told me they do not have Hippozaeninum. Okay, thank you Carrie. Okay, yeah, so I would get it at Helios. Is Uranus brand good? I have not studied Uranus. I know people have used it. I've not gone and met the pharmacist. I've not met their, I've never been to their facilities. I don't see any reason. I don't think there's anything wrong with them that I'm aware of. So if you've had good results then you might want to just stay with them. Allie, all Uranus remedies I have bought work for me, says Tina. There you go. I tried to order on OHM, did not have Hippozaeninum. When is best alternative for tooth abscess then tooth abscess. Yeah, Hepar sulph. Yep, there it is.

Helios. There we go. Says Beth. Hepar sulph for infection on dog skin from itching. Yeah, that could be, could very well be Hepar sulph. Could be very useful for that. There are other medicines too, Antimonium crude, Sulphur et cetera, but it's a great way to start. Okay, asking to clarify. My question was Eupatorium versus Gelsemium for prophylactic after being exposed to covid. I'm sorry Amy, I didn't answer that very clearly. I don't know what you mean by exposure to covid. I'm going to be honest with you. I don't buy it. What can I say? I don't buy it, so I don't worry about prophylactics for that. The only time I worry about a prophylactic or using a prophylactic for a cold or flu is when a person is extremely susceptible and they get sick too easily. Then I might use a prophylactic, but I don't know how you'd know that someone is exposed to that because the tests in my estimation are bogus. Sorry, I don't know if that will help you any or it'll be disturbing or uncomfortable or whatever, but I don't trust those tests. I think they're meaningless.

Okay. I haven't seen you blog on early stage CKD. I'm sorry, I don't know the abbreviation of CKD, so you got to tell me. I got Hippozaeninum from Thompsons in Toronto. Thank you Barbara. Yeah, I would imagine Thompsons in Toronto carries it. Let's see, friend on BP for rheumatoid arthritis, which has Bryonia alternating with Rhus every few hours currently dealing with lung infection, use Bryonia more. That's certainly possible. Here's an example of Bryonia. Yeah. Yes, that's right. Yes, that's certainly possible. But if that doesn't act, then we move on. We move to a different condition or a different medicine. Tracy for the dog, itchy skin, consider Sulphur. Yep. I just said that. That's a good idea. Sulphur is a good idea. I was surprised that Rhus finally worked for my dogs. Gelsemium helps the fatigue of an illness, but you need Eupatorium perf to fight the influenza.

Jennifer. I think that's it's very possible. Although Gelsemium for some people I find Gelsemium can be really useful even for the whole kitten caboodle, not just the fatigue. Hepar sulph 6 instead of gunpowder for root abscess infection. Yes, it's possible. It's possible. Yep. Here's the thing. You can choose this or you can choose that. It's not one medicine. I just want to make it clear to you folks, it's not one medicine for one condition. It's many medicines for that condition. And when I tell you yes, this is a good one for that, I'm telling you that it happens to be a medicine that is commonly used, commonly found to be useful. But as you could see, when I showed the influenza rubric in the repertory, there've got to be 150 remedies here. So we have a lot of choices for which to choose. So you could try one, see how it goes if it doesn't act, but I urge you, my friends to read your materia medica, they're free online, you've got mine. If you don't have mine, then you go to the free ones online. It's very good to have that under your belt. You need to understand what these medicines are capable of doing and if you end up proving it, then you know that what happened because you've read it in your materia medica.

Okay, will you address Hepar 1 M? My friends around the country have been seeing Hepar sulph 1M Act lately when 200 does not act or stalls for stalls for crud in the lungs and staph infections, I don't use 1M very often, especially for these conditions. I'm not saying that it's wrong. If it's been acting and working for these folks, by all means I would stick with it. I don't generally teach 1M , especially to the general public because it is a heavy duty potency. Excellent. But you have to be sure that it is correct because if it isn't and it's repeated, it can cause some messiness, shall we say in here in itch. There in itch. You mentioned always knowing that Sulph would be a good remedy for you because of your Sicilian heritage and Sulph mines. Can you expand on this and also if it might fit for someone who gets rashed from Sulfur.

Well, water engine exhaust, well my Sicily was loaded with Sulfur mines. My grandfather had a Sulfur mine, so he was exposed to sulfur on a regular basis. I'm not telling you that that is the absolute reason why sulfur would be useful for me or those in my family, but there is a connection and a lot of times when we're exposed to a substance, something such as on the periodic table such as sulfur, that we might find that there's a kind of a suppression of skin conditions in the past coming down the family line and that after skin conditions are suppressed and suppressed over and over and over again because of the amount of sulfur that they're exposed to that that can drive it to the next generation or the generation after that. And then sulfur in potency can be useful.

Greetings from Wichita. Everybody's exposed to the big C. Yes, but shipping, okay. Oh, shipping was $28. Okay. Oh, chronic kidney disease. Okay, well I'm not going to talk about that today. That's obviously a very in depth situation and when you're dealing with someone who has chronic kidney disease, there are medicines that can be used. No doubt. Homeopathy has addressed that. I've worked with it and I've worked with it in India and Calcutta and so have the Banerji of course thousands of times. But it's not something you want to start. You really want to get some real homeopathy education under your belt before you get too involved in that. I agree. Testing is a moneymaker. Early stage. CKD, chronic kidney. Okay, there we go. Chronic kidney. Thank you very much. Chronic kidney. Everyone's telling me my daughter had good results using Gelsenmium 30 for three days for the fatigue after the flu.

Yes, you bet Phyllis. That's a great way to do it. Melissa Kemna. My three children are currently fighting secondary infections from cold and virus now have eye swelling, dish baths, ear infection, catching and green mucus. Pulsatilla not working? Yeah, one could certainly try Hepar sulph and normally, yeah, you're right. When Pulsatilla usually has yellow discharge, sometimes green and Hepar sulph is excellent for eye infections, eyes, ears, throat, skin, Hepar sulph. Excellent. So it's a great way to But read up on it. Don't, don't just say, okay, let's use it. Please go to your materia medica and read up on it. Loss of taste after flu, taking Sanguinaria. Should we expect results within a week? Well, I'm going to tell you that is not necessarily so sometimes it's very quick. We can see a change within days. Some people even report they can see a change after using sanguinaria when they've lost taste after being sick within minutes of taking the medicine, 30 minutes, 60 minutes.

And for some it can take longer. If we don't see a change within a couple of weeks, then we switch to the next medicine. What have you recovered from the what if you have recovered from the respiratory infection, but now I have a lot of fatigue and it's weeks later was using Bryonia during, someone just talked about it. Gelsenmium. Someone just mentioned how valuable that was. Read each other's comments, friends. It's really, there's a lot of good information here. Can Arsenicum help both prophylactic for the flu and for itchy burning skin close to a toenail in between toes? It's possible Arsenicum is a great skin remedy.

Can it be used for a prophylactic for the flu if it fits? So what I mean by that is you want to look for the symptoms that suit it. Gelsemium 30, 1 day, once a day for fatigue. Okay, sore throats. I'm sorry. Now it's broken up Melissa, so I don't remember your full question. Karen says, look at Sulphur for the fatigue. I like to use Sulphur when 30 for a cold that's long lasting. Something that goes on and on and on. And I don't mean days, I mean weeks after the third week, fourth week you're saying for crying out loud, this has been going on far, far too long. And so what I'm going to do, we're going to use Sulphur 30 once a day and that often will uproot it. It'll loosen it up. Hippozaeninum. Okay, Karen, tri Gelsemium. Okay, I love it. Arsenicum is not a prophylactic.

Arsenicum can be used as a prophylactic, but I wouldn't use it unless it was, I'm glad you brought that up. April, I would use Arsenicum is a prophylactic only if the person has in the past it's been shown that Arsenicum album worked for their cold and now they've got another one and the symptoms are the same, then I would consider using it before the person gets sick. But let me just tell you this, my friends, I think it's perfectly fine to be sick and comfortable. In other words, get comfortable with being sick. Don't worry about colds, flus. If you must, then you use homeopathy. But it's also an opportunity to cleanse, clean out the lungs, the mucus out of the sinuses, the eyes water, clean out the gastrointestinal tract. It is an opportunity to take it easy to make some bone, stock to sleep.

So don't be too worried about that. If your children miss school, so be it. They miss school. If you miss some time with having to get out and get things taken care of, the dishes can wait. The laundry can wait, the job can wait. Take it easy. We are intended to get these things to clean out. I think they're actually more advantageous than people might realize. And so my friends, I'm going to stop here and I'm going to cut out completely and then we're going to go to special class tonight with my Mighty Plus. So I'm going to say goodnight now.

Merry Christmas. All and end. There we go. Bye.